



SAGE of the Rockies
Regional Conference on LGBT Aging
October 8-10, 2010

Presenters (Alphabetical Listing)

Michael Adams (*Keynote Address*) is the Executive Director of SAGE (Services & Advocacy for GLBT Elders), in New York City. Prior to joining SAGE, Michael was the Director of Education and Public Affairs for Lambda Legal. A graduate of Stanford Law School, Michael spent a decade leading cutting edge litigation that established new rights for LGBT people, first as Associate Director of the ACLU's Lesbian and Gay Rights Project, and then as deputy legal director at Lambda Legal. Michael has authored numerous publications on an array of LGBT issues and serves on advisory councils for AARP, the American Society on Aging, and the New York City Department for the Aging.

Michelle Alexander, RN, Certified Life Coach, (*Aging with Dignity? The Transgender Reality*) is the co-author of "The Color Of Sunlight," the true story of a rural nurse's journey through the emotional and spiritual landscape of her remarkable patient; a blind, terminally-ill, transgender woman who had much to give and nothing left to lose. Since this life changing journey, Michelle has become an advocate, speaker and educator on the "true" inner landscape of being transgender.

Jordan Ausman (*Will my money run out before I do?*) is a financial advisor with Trilogy Financial Services. She is involved in the GLBT community focusing on the Elder Programs. Jordan has been working with PFLAG, Denver Gay and Lesbian Chamber of Commerce, The Center and has hosted fundraisers for many different community events

Jane Barton (*Creating Communities of Care*) serves as the Director of Education for the Life Quality Institute (LQI) in Denver. LQI provides educational programs to community members and healthcare providers for the purpose of improving the lived experience of persons and families challenged by serious, advanced, or terminal illnesses. She began her career in hospice and palliative care at The Denver Hospice in 2004.

Kelly Bastian, RN, MS, FNP-C (*Aging and Health in the GLBT community; Choices at the End of Life: An Overview of the Option*) was raised in Colorado, and completed both her Bachelor's in nursing as well as Masters and Family Nurse Practitioner at Regis University. She spent a year as a primary care provider in a family practice but returned to her true passion of end of life care. She has been involved with hospice for the past 5 years at Agape Healthcare as clinical director and most recently in the capacity of nurse practitioner with the palliative care.

Doreen Bermudez (*HIV and Older Adults ; Non Traditional Settings for Outreach*) has been working for 14 years in community-based services. She has been at SAGE (Services and Advocacy for Gay, Lesbian, Bisexual and Transgender Elders) in New York City, since 2005. Recently Doreen was promoted to the National Training Coordinator of the historic new National Resource Center on LGBT Aging. In this new role at SAGE she will facilitate trainings nationwide on LGBT aging to mainstream and LGBT service providers.

Maureen Boehm M.D. (*Choices at the End of Life: An Overview of the Options*) is the Medical Director of Evercare Hospice and Palliative Care in Denver, CO. Dr. Boehm has extensive experience in internal medicine, geriatrics, hospice and palliative care. Her passion is improving the health and well-being of those with long term or advanced illness, whether they live alone, with family or in a facility.

Elisabeth Borden (*The Big Picture – A Basic Primer of 55+ Housing Options*) is Principal of The Highland Group, Inc. providing market research, strategic positioning, and marketing services for new and existing senior housing and care communities. She has over 25 years of experience in the design, marketing, and operation of senior housing. She has worked in a variety of roles with over 100 for-profit and non-profit care facilities and housing communities in Colorado and Wyoming.

Sally Jo Button M.Ed., M.S., CSA, CFP® (*Let's Talk Non-traditional: LGBT Elements of Personal Finance; Complementary Currency*) owns Button Financial, a Registered Investment Advisor, which has been serving members of the LGBT community in Denver since 1981. She is a fee-only, comprehensive financial planner and money manager. In each of the last two years, Button Financial has been named as one of Denver's 2010 FIVE STAR Wealth Managers.

Dianna Cicotello (*Aging with Dignity? The Transgender Reality*) has been an adult-level educator specializing in human-potential development for over thirty-five years. She is a published author and frequent speaker and workshop leader on gender and transgender issues.

Michele D'Amato (*SAGEWorks – An LGBT Mature Workers Program; Friendly Visiting for an LGBT Older Adult Population*) brings her three years experience of working at SAGE in New York City, as well as her twelve years of working at Gay Men's Health Crisis (GMHC) to her position as Manager of SAGEWorks. Additionally, at SAGE, Michele has been responsible for creating and producing programming for women, handling and being responsible for constituent relations and facilitating a women's support group.

Maureen Dobson, MSW (*Live Well, Age Well: Doing Your Wisdomwork*) has worked with elders and their families since 1985. She served as the Director of Resident Services for Golden West Senior Housing (Boulder) and the Executive Director of the Pitkin County Housing Authority (Aspen). Maureen is a Certified Sage-ing® Leader (CSL). She enjoys sharing her lifelong passion for conscious living with others.

Heather Draper (*Staying Connected Through Social Media*) is the Marketing and Communications Manager at The GLBT Community Center of Colorado. She has 25 years of media experience, ranging from working as an energy reporter in Asia at an international wire service, to an airlines reporter at the Rocky Mountain News, to a business editor at the San Antonio Express-News. As part of her job at The Center, Heather works with social media on a daily basis, updating The Center's Facebook and Twitter pages, serving as the administrator of the web site and monitoring The Center's blog.

Nancy Dykeman (*Long Term Care Isn't About You: What it Does to People Who Love You*) has over 30 years of experience in long-term care planning, is a leader in the industry and is recognized nationally as an educator for consumers and professionals. She owns Long-term Care Planning Consultants in Evergreen, Colorado, and is the founder/principal of LTCares, an educational and Solutions Company.

Lin Erhardt (*Housing Options: CoHousing – Is It Ideal for Us?*) has lived in intentional households and been passionate about creating community for over thirty years. She created Quitman Commons, a Denver queer, cohousing community, and is currently in the developmental stage of creating a similar project in Boulder.

L. Wade Frisbie (*Will my money run out before I do?*) is a financial advisor with Trilogy Financial Services. He is involved in the GLBT community focusing on the Elder Programs. Wade has been working with PFLAG, Denver Gay and Lesbian Chamber of Commerce, The Center and has hosted fundraisers for many different community events.

Don Gorsuch (*The Big Picture – A Basic Primer of 55+ Housing Options*) is co-founder of The Encore Partners, LLC a Denver based development, marketing and management company focused on “*Carefully Managed Community*” for the 55+ housing market. He brings his unique approach to event planning, resident satisfaction, welcoming management style and employee focus to each community.

Kelly S. Harper (*Critical Considerations for Selecting a Caregiver*) is a gerontology professional that lives and works in rural Northern Colorado. Through working with seniors as a care provider and community educator, she has developed a passion for the needs of LGBT elders. Kelly delivers Meals on Wheels, and is a Project Visibility trainer.

Robert Janowski, MD (*Mobilizing People 50+ to Affect Change and Improve Access to Quality Healthcare for Everyone*) is a community activist and the Production Director for the Denver Unit of Recording for the Blind and Dyslexic.

Alison L. Jouvovsky, MA LPC (*Aging in Community*) has been working in the field of aging for 20 years and her experience ranges from working as the director of a senior center, nursing home social work, inpatient and outpatient therapist, to her current role as program coordinator of the Colorado Senior Connections program for Jewish Family Service. She started the first NORC (naturally occurring retirement community) model in the state of Colorado and is currently starting a new project in the city of Edgewater

Matt Kailey (*Aging with Dignity? The Transgender Reality*) is an award-winning author, speaker and trainer on transgender issues. His published works include the memoir *Just Add Hormones: An Insider’s Guide to the Transsexual Experience* and the novel *Our Day Will Come*, the poignant coming out story of an elderly, closeted gay nursing home patient. Matt is also the managing editor of *Out Front Colorado*, Colorado’s oldest and largest GLBT publication.

Elizabeth S. Kelchner, Ph.D. (*Aging in Community*) is the Executive Director of Washington Park Cares, a nonprofit organization that helps older adults who live in south-central Denver to continue to experience the comfort and familiarity of their own homes as they age. Dr. Kelchner has over 30 years experience working in the field of aging in various settings including university teaching, research, and practice. She has worked with older adults and their families in residential and community settings.

Kathryn Lorenz (*Housing Options: CoHousing – Is It Ideal for Us?*) was an original member of Nyland Cohousing in Lafayette, CO in 1993. As a co-founder of the national cohousing organization, The Cohousing Network (now CohoUSA), she served as the first national president. Since her parents are still living, married and in good health, they offer her a glimpse into her potential for aging well and what good planning and a bit of grace have to offer.

Trey Malicoat, M.S. (*Hopeful Living: Hopeful Future*) is a man with diverse interest, experience, and education. Some say, “Trey is a modern-day Renaissance man with a message for the world.” His passion is simple...to move people: move people in the community, in business, and in society to think and act differently. Based on his experience and knowledge, through dynamic storytelling, Trey encourages people to live boldly both personally and professionally. Trey is most noted for offering content that bridges the gap between our personal and professional lives because he ultimately believes that great success happens when people live with congruence. Trey challenges people to see themselves as highly capable of overcoming obstacles while driving toward personal and professional success. He also believes that great success comes through great personal and professional relationships based on joint synergies.

Lisa McDaniel’s (*Estate Planning for the Present and Future*) law practice focuses on estate planning and estate administration and incorporates elder law. Lisa is a Colorado native from Glenwood Springs. She earned her law degree from the University of Denver in 1999, and recently joined the law firm of Bennington Johnson Biermann & Craigmile, LLC.

Vicki Murdock, LCSW, PhD, (*Respecting Diversity: Spirituality, Aging and Holistic Health*) is Director and Associate Professor in the College of Health Sciences’ Division of Social Work at the University of Wyoming. Her research interests include gerontology, spirituality, and the field education of social work students. She has been involved since 2005 with the Hartford Foundation’s effort to prepare all social workers for gerontological social work in the next several decades as the older adult population doubles.

Phil Nash (*Mobilizing People 50+ to Affect Change and Improve Access to Quality Healthcare for Everyone*) was instrumental in the founding of The GLBT Community Center of Colorado and in transforming the Colorado AIDS Project from a program of The Center to an independent 501(c)3 organization. His extensive, multi-decade

experience in the LGBT community also included work at the Rose Community Foundation as Vice President of Communications.

Barbara Raynor (*Mobilizing People 50+ to Affect Change and Improve Access to Quality Healthcare for Everyone*) is the Managing Director of a new program, Boomers Leading Change in Health, to develop opportunities to become involved as health care navigators.

Annie Russell (*Housing Options: CoHousing – Is It Ideal for Us?*) has been coaching cohousing communities for a decade, from creating a community vision and ground rules to decision-making processes and learning to talk about the hard issues. She works with Wonderland Hill Development Company as community builder on their developing communities, and was a founder of Boulder's Silver Sage.

Amelia Schafer (*Caregiving and Care Receiving: Preparing for Your Future*) is the Education Director at the Alzheimer's Association Colorado Chapter. She has worked for the Alzheimer's Association, both in Colorado and Oregon, for the last 10 years. She has coordinated the 24-hour Helpline, facilitated support groups for families, taught family caregiver classes, created education/support groups for people with dementia, and advocated for quality dementia care with physicians and hospital staff. She currently coordinates the Alzheimer's Learning Institute, a 32-hour certificate in dementia care for professional care providers.

Cheryl Siefert (*The Frustration of Forgetting: A Normal Nuisance or the Dawning of Dementia?*) holds a Masters in Non-Profit Management from Regis University and is a Certified Public Accountant. After her mother's devastation from Alzheimer's disease Cheryl sold her accounting firm and dedicated herself to improving the dignity and quality of life for individuals with life limiting diseases. For nine years, Cheryl served as the Education Services Director at the Colorado Alzheimer's Association, where she developed the highly acclaimed Alzheimer's Learning Institute, and the late stage caregiver program. Cheryl served as Executive Director of the Life Quality Institute in Denver, from 2006-2010, where she continued her work of developing palliative and end-of-life care resources, knowledge and understanding.

Tom Simpleman, RPH, FASCP, CGP, CPHQ (*Potentially Harmful Drugs in the Elderly: Special Considerations for GLBT*) is a certified geriatric pharmacist. He is the president of the Fawks Company, which provides clinical and consulting pharmacy services to long term care facilities and healthcare providers. He is particularly interested in addressing the health needs of GLBT elders, and provides ongoing educational

presentations for SAGE of the Rockies. Tom is a member of the Gay and Lesbian Medical Association.

Jennifer Solms, MSW (*Selecting a Care Community as an LGBT Elder*) has been an Assisted Living Ombudsman with the Denver Regional Council of Governments (Area Agency on Aging) for over four years, and has also worked as a case manager for persons living with mental illness. She is a member of The Center's Elder Resource Advisory Committee and is a trainer for Project Visibility.

Linda Travis, Psy.D. (*Respectful, Affirming Home-Based Healthcare for LGBT Older Adults*) is a psychologist specialized in aging and mental health, and is on the faculty of Argosy University in Phoenix, Arizona. She has over twenty-eight years of clinical, research, and teaching experience in a variety of geriatric health and mental health settings. Dr. Travis particularly enjoys working with LGBT older adults, their loved ones and families of choice, and she is committed to working with health care providers to become more aware and responsive to the unique needs of LGBT older adults.

Cindy D. Webb (*Selecting a Care Community as an LGBT Elder*) has been a Longterm Care Ombudsman with the Denver Regional Council of Governments (Area Agency on Aging) for nearly seven years. She has also worked as a case manager, and is a certified paralegal. Cindy is a member of the Arapahoe County Adult Protection Team, the Community Healthcare Ethics Committee. Cindy is committed to Culture Change in longterm care, and is an Eden Mentor.

Tom Weber (*SAGEWorks – An LGBT Mature Workers Program; Friendly Visiting for an LGBT Older Adult Population*) is the Director of Community Services at SAGE where he has worked for six years. In this role, Tom oversees SAGE's social, educational, cultural and group programming out of the LGBT Community Center in Manhattan, as well as its Harlem Outreach Program and SAGE's volunteer and civic engagement programs. Tom also represents SAGE at the New York Statewide LGBT Health & Human Services Network and co-chairs the Senior Issues Committee of that network.

Shari Wilkins (*Caregiving and Care Receiving: Preparing for Your Future*) is a retired career educator and school principal. She has had the intimate experience of being a caregiver for ten family members and friends over the years. Post-retirement, she has been a volunteer counselor for the Alzheimer's Association (5 years), a long-time volunteer for Project Angel Heart (13 years), current Chair of Parents and Friends of Lesbians and Gays Denver (PFLAG), and Colorado Coalition of PFLAG Chapters. Additionally, Shari is a Project Visibility Trainer, is a Competent Care constituent

advocate for SAGE of the Rockies, and is a co-facilitator of the GLBT Caregiver Support Group at The Center. Shari and her partner have been together for 26 years.

Rosemary Williams, MSW, CSL (*Live Well, Age Well: Doing Your Wisdomwork*) has worked with older adults and caregiving families for more than forty years. As the director of Boulder County Aging Services she introduced strengths-based aging services to the community, and oversaw the development of the countywide strategic plan for aging well.

Dr. Kelly Winters (*Aging with Dignity? The Transgender Reality*) is a writer, consultant and community advocate on issues of gender diversity in medical and mental health policy and the author of *Gender Madness in American Psychiatry: Essays from the Struggle for Dignity* (GID Reform Advocates, 2008). She is the founder of GID Reform Advocates, a member of the World Professional Association for Transgender Health and an Advisory Board Member for the Matthew Shepard Foundation and TransYouth Family Allies.